

yoga gathering

with

FRANÇOIS RAOULT

First in person workshop (since February 2020!)
Rochester NY

September 11-12, 2021
Saturday 3-7, Sunday 9-1

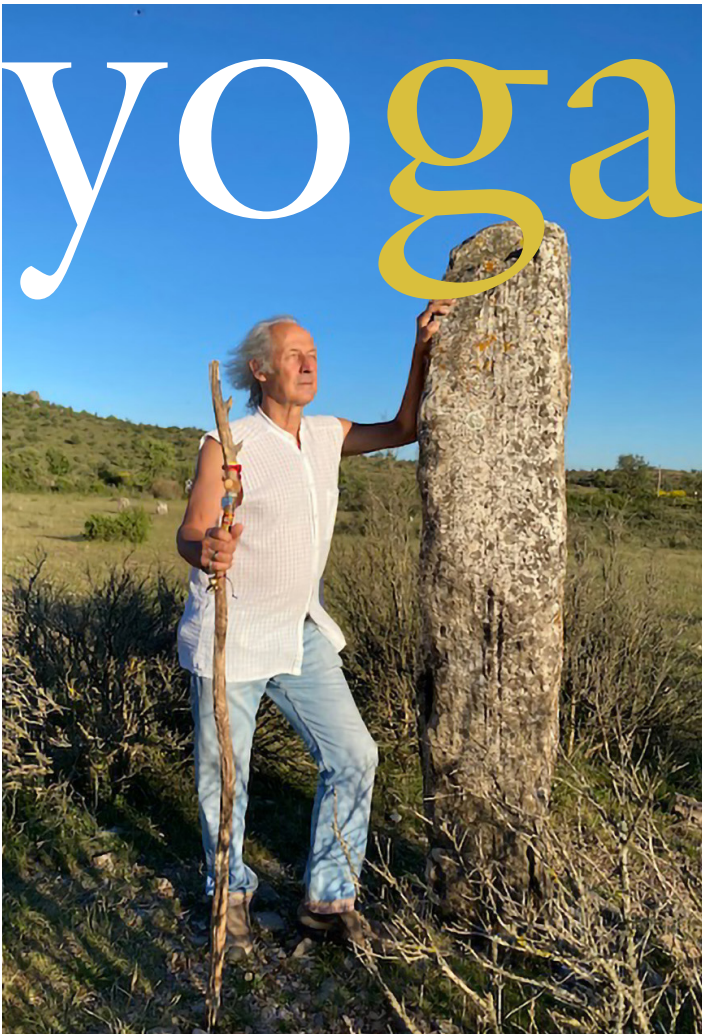
WHAT ELSE IS NEW?

Exploring Asana
Pranayama
Chanting & Music

\$250 Pre-registration necessary

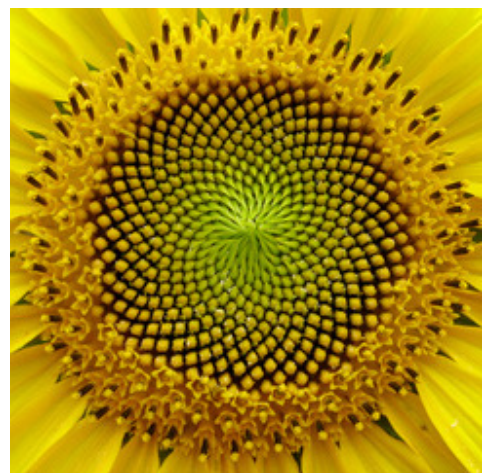
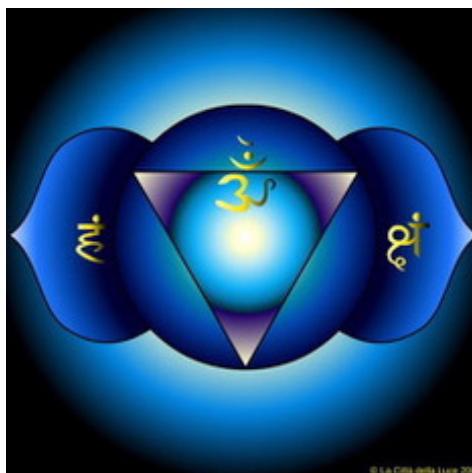
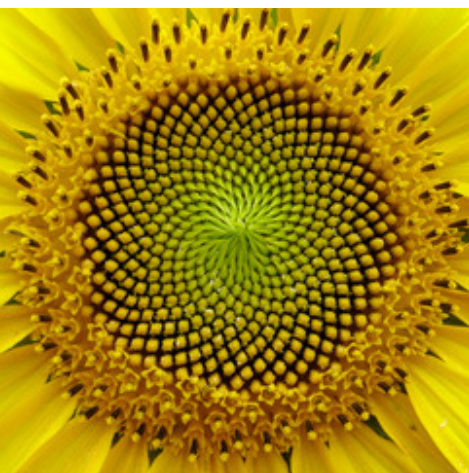
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François Raoult MA E-RYT500 C-IAYT

François is the founder and director of Open Sky Yoga Center in Rochester, NY and has taught yoga since 1975. He conducts seminars, international retreats and teacher trainings worldwide. A graduate of the Ecole Nationale de Yoga in Paris and among the first french yoga instructors to study in Pune, India with B.K.S. Iyengar, François also has explored meditation, ayurveda and experiential anatomy. Certified in *Gong and Laughing Yoga*, François completed the International Sound Healer program and also holds a master's degree in Ethnomusicology.



Please register online @ www.openskyyoga.com