

NEW INTERNATIONAL YOGA DAY

Āsana, Prāṇāyāma, Nāda

One day of yogic inner trekking guided by

FRANÇOIS RAOULT



FRANÇOIS RAOULT

MA, ERYT 500, C-IAYT

François is the Founder and Director of Open Sky Yoga Center in Rochester, New York, and has taught Yoga worldwide since 1975.

October 25, 2025, ROCHESTER, NY

noon-5:30PM (with tea break) **\$144**

5 Arnold Park , ROCHESTER, NY

Please, pre-register at openskyyoga.com



1972



1993



2022