

2024

Mysterious & Flamboyant

VENICE



FRANÇOIS RAOULT MA, ERYT

is the founder and director of Open Sky Yoga Center in Rochester, NY. A certified Iyengar instructor, he has traveled and studied extensively in India, including a six month pilgrimage in 1972. François has taught yoga since 1975 and conducts seminars worldwide. François holds a master in Ethnomusicology and is certified in Gong and Laughing Yoga(!)



NATHALIE ALVAREZ

is François's partner in life and co-creator of the Journey to India. A pioneer in the fields of trans-personal therapy since 1981, Nathalie directed L'École du Corps Conscience, based in Montpellier, France. Her artist work combines creativity, symbolism, mandala and color therapy.

www.openskyyoga.com
yogawave108@gmail.com

Pre-register at
openskyyoga.com

YOGA & MIXED ART

November 18-23, 2024

FRANÇOIS RAOULT & NATHALIE ALVAREZ

We will be staying in a 15th century small palace, located perfectly half way between San Marco and Rialto bridge. After morning yoga sessions and an organic brunch at the hotel, we will explore the secrets of the city. Mixed-art sessions will be offered every day (all supplies provided). We have been many times to Venice and always return! All meals in cool restaurants, transportation by vaporetto, entrance to museum, monuments and Vivaldi concert are included. Travel from and to airport or train station and extra drinks are not included. We are taking only 8 participants to be flexible and create deeper connections between us and this mysterious and flamboyant city.

\$3250 double room (per person)

Single room if available with \$600 supplement

\$800 non-refundable deposit. Balance by Sept. 1st, 2024

