

PRAGUE

Alchemical & Romantic



FRANÇOIS RAOULT MA, ERYT

is the founder and director of Open Sky Yoga Center in Rochester, NY. A certified Iyengar instructor, he has traveled and studied extensively in India, including a six month pilgrimage in 1972. François has taught yoga since 1975 and conducts seminars worldwide. François holds a master in Ethnomusicology and is certified in Gong and Laughing Yoga(!)



NATHALIE ALVAREZ

is François's partner in life and co-creator of the Journey to India. A pioneer in the fields of trans-personal therapy since 1981, Nathalie directed L'Ecole du Corps Conscience, based in Montpellier, France. Her artist work combines creativity, symbolism, mandala and color therapy.

\$3950 Double room (per person)

\$850 extra fee for single room

\$800 non-refundable deposit.

Balance by November 1, 2025

No refunds after November 1, 2025

YOGA & MIXED ART

February 2-7, 2026

FRANÇOIS RAOULT & NATHALIE ALVAREZ

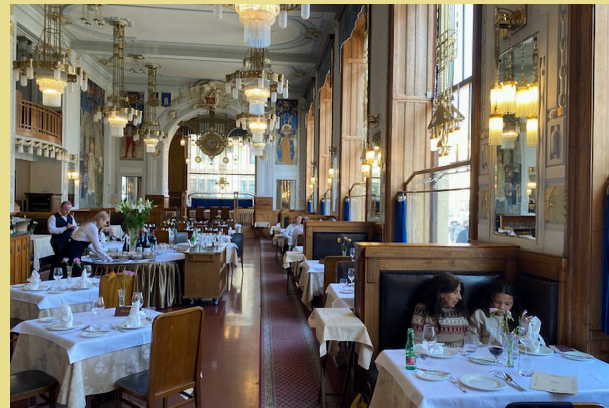
We will be staying in an old augustine monastery/5 star Hotel nested at the foot of the castle, few minutes walk from the mythical St. Charles bridge. After a substantial yoga session, we will have brunch and then explore the esoteric old city ...

Creative art sessions will be offered every day (supplies provided). All meals in great restaurants, entrance to museums and concert are included.

Travel from and to the airport and extra drinks are not included.

We look forward to sharing the beauty of this refined city full of treasures with a small group of yogic travelers.

2026



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Pre-register at
openskyyoga.com