

ALBUQUERQUE, NEW MEXICO

# *A weekend of* yogic explorations ASANA, PRĀṆĀYĀMA, NĀDA



## FRANÇOIS RAOULT

MA, ERYT 500, C-IAYT

is the Founder and Director of Open Sky  
Yoga Center in Rochester, New York, and  
has taught Yoga worldwide since 1975.

## FRANÇOIS RAOULT

September 12-13, 2026

**Delighted to be back in New Mexico**

**where I taught many workshops in the past few decades!**

Celebrating 50 years of teaching. Still discovering new layers of meaning in the daily practice and sharing the essence of the many teaching I have received and filtered. Influenced by experiential anatomy, Ayurveda and yoga of Sound, I invite you to be part of the Journey. All students, teachers and seekers welcome! We will practice dynamic and restorative postures, pranayama and mantra. Listening to sacred music of all traditions and save some time for questions / answer session and philosophy of life.

**SATURDAY/SUNDAY**

**9AM-4:30PM**

**\$250**

**ASHA Massage School  
4600 Copper Ave NE  
Albuquerque, NM 87108**

**yogawave108@gmail.com**

Please, pre-register at  
**openskyyoga.com**

