



### **FRANÇOIS RAOULT**

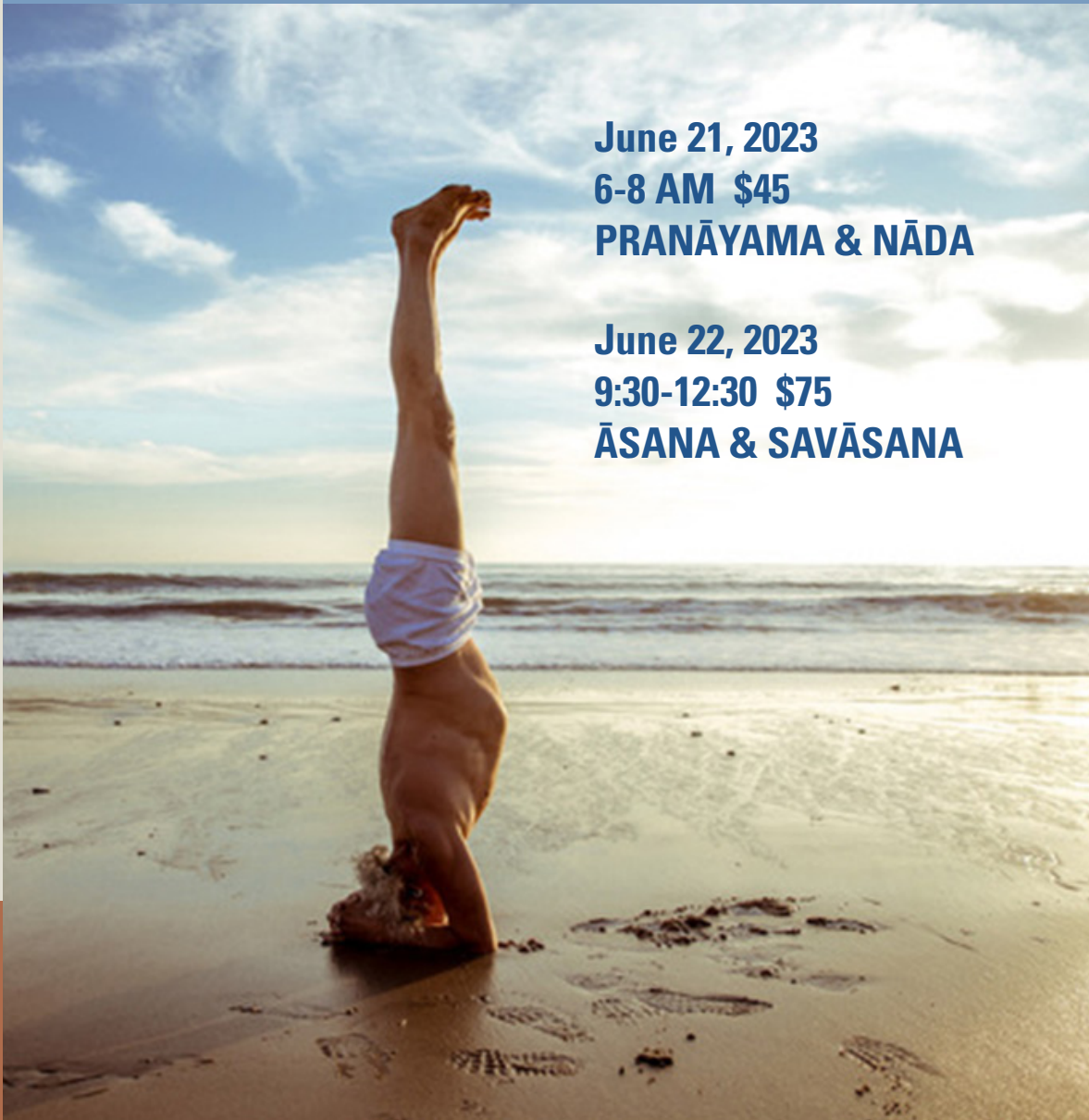
M.A., ERYT 500, C-IAYT is the Founder and Director of Open Sky Yoga Center in Rochester, New York, and has taught Yoga since 1975. He first felt called to Yoga at age nineteen on a pilgrimage to the sacred sites of India. For a decade, he toured Europe with an avant-garde puppet theater and composed music for the plays. The manipulation of string puppets led him to explore Yoga and Tai Chi. A graduate of the École Nationale de Yoga in Paris and among the first French Yoga instructors to study in India with Śrī B.K.S. Iyengar, he conducts seminars, international retreats and teacher training worldwide. François also has studied meditation, Ayurveda and experiential anatomy. Certified in Gong and Laughing Yoga (!), François completed the International Sound Healer program and also holds a Master's degree in Ethnomusicology.

**Open to all seekers  
with a good spirit  
and a flexible mind!**

# 2 Yogatherings

with

# FRANÇOIS RAOULT



**June 21, 2023  
6-8 AM \$45  
PRANĀYAMA & NĀDA**

**June 22, 2023  
9:30-12:30 \$75  
ĀSANA & SAVĀSANA**

[www.openskyyoga.com](http://www.openskyyoga.com) [yogawave108@gmail.com](mailto:yogawave108@gmail.com)

Please, pre-register at [www.openskyyoga.com](http://www.openskyyoga.com) or pay at the door (of the Temple)