

Sound Bath

OPEN TO ALL DEEP LISTENERS



JOSEPH SCHMIDLIN

SOUND IMMERSION

Friday, November 6, 2026 7-9pm

In the sound immersion, you are taking a bath of sound.
You will travel in a shamanic Journey.
Listening with your whole body as a giant ear.
Everybody is welcome...



www.oneTone.one

Joseph Schmidlin D0mpt, LMT

Joseph is a classical osteopathic physician and clinical sound researcher with over 30 years of teaching and practice in the field of energy medicine, including traditional Eastern Asian medicine and Ayurveda. He utilizes Sonic vibrational medicine and Nāda Yoga in his teaching and clinical practice. He frequently leads workshops, retreats, sound immersions and meditations around the world.

Friday \$45
5 Arnold Park
Rochester, NY



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Please, pre-register online @ www.openskyyoga.com to reserve your space.