





# Join us for an exceptional Yoga Journey to India

## Itinerary

*As students of yoga and life, going back to the Source and meeting  
Mother India will be a blessing for our practice and teaching.*

**DECEMBER 28, 2020** Depart from US or Europe (Dec 29) to Kochi.

**DECEMBER 30** Transfer by minibus from Kochi airport to Chamundi Hill Palace, Kerala.

**DECEMBER 30 TO JANUARY 3** Three days of ayurveda, yoga and creativity at Chamundi. One daily ayurvedic treatment and supervision with resident ayurvedic physician Dr Sheela. Guided tour of spice garden with Jibu. Puja at local temple.

**JANUARY 3** Depart for the great city of Madurai, stay at Royal Court Hotel, deluxe accommodations with two participants per room. Visit Meenakshi Temple and the famous Bazaar.

**JANUARY 4** Depart for Thanjavur.

**JANUARY 5-6** Explore Thanjavur. Visit of Temple and Palace and immersion in deep rural India.

**JANUARY 7** Depart for Mahabalipuram. Lunch at Ramana Maharshi Ashram. Stay at Ideal Beach resort.

**JANUARY 8-10** Explore Mahabalipuram. Visit the Shore Temple and the famous bas-relief, the descent of the Ganges. Visit Auroville near Pondichery. Optional swim in the Bay of Bengal.

**JANUARY 11** Depart from Chennai International Airport and arrival in U.S or Europe.



[www.openskyyoga.com](http://www.openskyyoga.com)



## Logistics

**COST \$3950** Kochi to Chamundi Hill Palace

(not including airfare)

**\$800** non-refundable deposit for Journey

Balance due June 1, 2021. No refunds after September 1, 2021 unless you find somebody to take your place.

\$3950 fee includes all yoga sessions with François, all journaling sessions with Nathalie, art supplies, transportation on AC bus, all meals, hotels, Ayurvedic massage, Kathakali performance, class excursions in Kerala natural areas, visits to sacred temples of Thanjavur, Madurai, Mahabalipuram and Auroville, transfer from Kochi to Chamundi.

Payable by check, credit card or bank transfer to Open Sky Yoga Inc. (info will be sent as requested)

**FLIGHT ARRANGEMENTS** For flights from US: we work with a travel agency specializing in Indian travel. For departures from other countries, contact your local travel agent. You need to arrive on the morning of the 30th in Kerala.

Information on immunizations, visa and travel insurance info will be sent after registration.

**DOCUMENTS REQUIRED** A Visa is needed for India. See Travista Outsourcing, <http://indiavisa.travistaoutsourcing.com/>

**TRAVEL INSURANCE** Suggested travel insurance: [travelex.com](http://travelex.com) or [statravel.com](http://statravel.com)

Send your check or charge to: **Open Sky Yoga Center, 7 Arnold Park, Rochester, NY 14607**

*No refunds after September 1, 2020 unless you find somebody to take your place.*

Name \_\_\_\_\_ Occupation \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

☐ Visa ☐ MasterCard Name on card \_\_\_\_\_

Credit card number \_\_\_\_\_ Expiration date \_\_\_\_\_

Verification Code (three-digit number on back of card) \_\_\_\_\_

Amount charged on card \$ \_\_\_\_\_

☐ Enclosed is my check for \$ \_\_\_\_\_, payable to Open Sky Yoga. Indicate "Journey to India."

☐ \$3950 Kochi to Chennai ☐ \$800 Deposit

