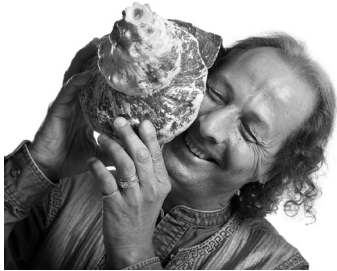


# Silence & Sound

## Primitive Shamans MEET Avant Garde Music



*“What in the World is music ?!” —Helen Koskoff*

with  
**FRANÇOIS  
RAOULT**

February 15, 2019  
6-9pm



*François Raoult M.A., ERYT*  
François is the founder and director of Open Sky Yoga Center in Rochester, N.Y. and has taught yoga since 1975. He conducts seminars, international retreats and teacher trainings worldwide. A graduate of the Ecole Nationale de Yoga in Paris and among the first french yoga instructors to study in Pune, India with B.K.S. Iyengar, François also has explored meditation, ayurveda and experiential anatomy. Certified in Gong and Laughing Yoga, François completed the International Sound Healer program and also holds a master's degree in Ethnomusicology.

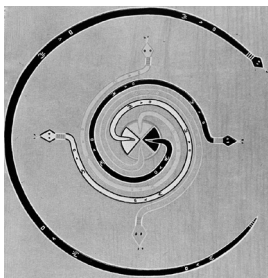
Fee: **\$75**

Location: **5 Arnold Pk.**  
behind Zen Center

[www.openskyyoga.com](http://www.openskyyoga.com)  
[yogawave@rochester.rr.com](mailto:yogawave@rochester.rr.com)

Now that we have explored Mozart, Minimalist composers and Gregorian chant period, we can travel into both extremes where sound is just sound. And it has power. It does not fit any established language or system or esthetical purpose. What we call music is just a small part of Naada...

Stockhausen, Pierre Henry, Webern and ritual music from Siberia, Tibet, Pygmies, Amazonian Indians etc.. Not for the faint of heart. We will sit, stand and of course take refuge in some restorative poses where deep listening is natural..



Send your registration (check or charge) to: Open Sky Yoga Center, 7 Arnold Park, Rochester NY 14607

Name \_\_\_\_\_

Address \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Visa  MasterCard Name on card \_\_\_\_\_

Credit card number \_\_\_\_\_

Exp. date \_\_\_\_\_ Verification Code (three-digit number on back of card) \_\_\_\_\_

Enclosed is my check for \$ \_\_\_\_\_, payable to Open Sky Yoga.

*Silence*

*No refunds unless you find somebody to take your place.*