

ROCHESTER
NEW YORK

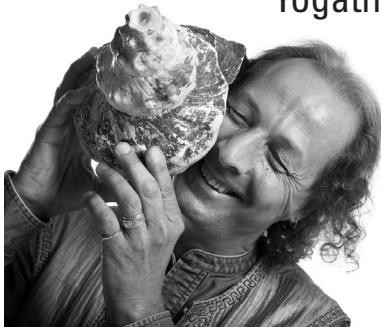
Back from INDIA



Yogathering with François Raoult FEBRUARY 9-10-11, 2018

"Yoga does not just change the way we see things, it transforms the person who sees."

—B.K.S. IYENGAR, LIGHT ON LIFE



François Raoult M.A., ERYT

François is the founder and director of Open Sky Yoga Center in Rochester, N.Y. and has taught yoga since 1975. He conducts seminars, international retreats and teacher trainings worldwide. A graduate of the Ecole Nationale de Yoga in Paris and among the first french yoga instructors to study in Pune, India with B.K.S. Iyengar, François also has explored meditation, ayurveda and experiential anatomy. Certified in Gong and Laughing Yoga, François completed the International Sound Healer program and also holds a master's degree in Ethnomusicology.

After several weeks of intensive study at Yog-ganga with Swati and Rajiv Chanchani, senior Iyengar teachers, in the foot hills of the Himalaya, Francois will return to Rochester to share new and old ways to see and practice asana and pranayama. A great opportunity for all, students and teachers to rekindle the flame of practice and teaching, the dipika, the Light on yoga...

Friday 6-8:30 pm Master class open to all

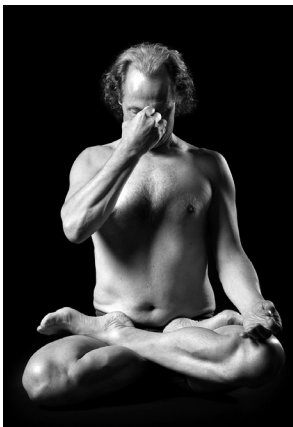
Back from India seminar:

Saturday 1-6:30, Sunday 9-12 am, 1:30-4pm

Friday evening **\$45**

Saturday/Sunday **\$245**

All 3 days **\$275**



Send your registration (check or charge) to: Open Sky Yoga Center, 7 Arnold Park, Rochester NY 14607

Name _____

Address _____

_____ Zip code _____

Phone _____ E-mail _____

Visa MasterCard Name on card _____

Credit card number/Expiration date _____

Verification Code (three-digit number on back of card) _____

*Make check payable to: Open Sky Yoga.
No refunds unless we are able to fill your spot.*