

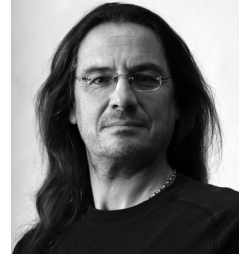


Open Sky Yoga Center

# Advanced Yoga

## 300hr TEACHER TRAINING

Open to graduates of a 200h TT recognized by Yoga Alliance  
FRANÇOIS RAOULT, Director



**François Raoult**

**Michael Amy**

**Carla Anselm**

**Laura Antelmi**

**Hervé Blondon**

**Edwin Bryant**

2018 November 2-3-4

François

December 7-8-9

François

2019 January 11-12-13

Michael

January 25-26-27

Michael

February 22-23-24

François

March 22-23-24

Hervé

April 19-20-21

Edwin

May 17-18-19

Carla

June 14-15-16

Carla

July 19-20-21

Laura

**August 22-27**

François

**Teaching Advanced Sequencing**

**Naada and Restorative**

**Back Care Yoga**

**Adaptive Yoga**

**Advanced Pranayama**

**Chakra and Nadi**

**Philosophy: Patanjali and Bhakti**

**Advanced Asana: Back Bends and Forward Bends**

**Advanced Asana: Inversions and Arm Balances**

**Anatomy with Clay: Organs and Endocrinian System**

**Week-Long Immersion and Graduation**

tataḥ kṣīyate prakāśāvaram **ततः क्षीयते प्रकाशावरणम्**

## Become a RYT500 Yoga Teacher!



**Tuition: \$4650.** Non-refundable deposit \$800, balance due by Sept. 1st.

Send your registration (check, charge or transfer) to:

Open Sky Yoga Center, 7 Arnold Park, Rochester NY 14607

Name \_\_\_\_\_ Address \_\_\_\_\_

\_\_\_\_\_ Zip code \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Visa  MasterCard Name on card \_\_\_\_\_

Credit card number/Expiration date \_\_\_\_\_

Verification Code (three-digit number on back of card) \_\_\_\_\_