

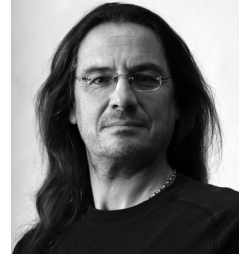


Open Sky Yoga Center

Advanced Yoga

300hr TEACHER TRAINING

Open to graduates of a 200h TT recognized by Yoga Alliance
FRANÇOIS RAOULT, Director



François Raoult

Michael Amy

Carla Anselm

Laura Antelmi

Hervé Blondon

Edwin Bryant

2018 November 2-3-4

François

December 7-8-9

François

2019 January 11-12-13

Michael

January 25-26-27

Michael

February 22-23-24

François

March 22-23-24

Hervé

April 19-20-21

Edwin

May 17-18-19

Carla

June 14-15-16

Carla

July 19-20-21

Laura

August 22-27

François

Teaching Advanced Sequencing

Naada and Restorative

Back Care Yoga

Adaptive Yoga

Advanced Pranayama

Chakra and Nadi

Philosophy: Patanjali and Bhakti

Advanced Asana: Back Bends and Forward Bends

Advanced Asana: Inversions and Arm Balances

Anatomy with Clay: Organs and Endocrinian System

Week-Long Immersion and Graduation

tataḥ kṣīyate prakāśāvaram **ततः क्षीयते प्रकाशावरणम्**

Become a RYT500 Yoga Teacher!



Tuition: \$4650. Non-refundable deposit \$800, balance due by Sept. 1st.

Send your registration (check, charge or transfer) to:

Open Sky Yoga Center, 7 Arnold Park, Rochester NY 14607

Name _____ Address _____

_____ Zip code _____

Phone _____ E-mail _____

Visa MasterCard Name on card _____

Credit card number/Expiration date _____

Verification Code (three-digit number on back of card) _____