



photo: John Myers

Open Sky *yoga* with *François Raoult*

François Raoult M.A., ERYT,

François is the founder and director of Open Sky Yoga Center in Rochester, N.Y. and has taught yoga since 1975. He conducts seminars, international retreats and teacher trainings worldwide. A graduate of the Ecole Nationale de Yoga in Paris and among the first french yoga instructors to study in Pune, India with B.K.S. Iyengar, François also has explored meditation, ayurveda and experiential anatomy. Certified in Gong and Laughing Yoga, François completed the International Sound Healer program and also holds a master's degree in Ethnomusicology.

JOURNEYS AROUND THE WORLD

2013 Louisville KY	Jan 18-20	Yoga East	laura@yogaeast.org
Atlanta GA	Jan 25-27	The Center For Yoga	othene_munson@yahoo.com
Montpellier	Feb 2-6	Anatomie de la Posture 1	046 769 1370
Montreal CA	Feb14-17	Teacher Training (English)	info@naada.ca
Montreal CA	March 9-10	Yoga seminar (French)	ecolesatyam@bell.net
Brussels Belgium	March 23-24	Yoga intensive(French)	ncouloubaritsis@gmail.com
Boulder CO	April 19	Pranayama for Teachers	laura.antelmi@gmail.com
Denver CO	April 20-21	Yoga seminar	somaknows@mindspring.com
Albuquerque NM	April 26-28	Pranayama intensive	yogainfo@highdesertyoga.com
South of France	June 26-July 3	International Retreat	585-244-0782
Palo Alto CA	Sept 21-22	Weekend intensive	info@californiayoga.com
Syracuse NY	Sept 28-29	Seminar at CNY	innerbalancelifeworks@gmail.com
London	Oct 4-6	Teacher Training module	info@yogacampus.com
Hamilton, Ontario	Nov 9-10	The Yoga Center of Burlington	ycob@yogaburlington.ca
Westfield, NY	Nov 16-17	Sacred Architecture and Yoga	studiopanterra@me.com
2014 South India	Dec 28, 2014-Jan 11, 2015		585-244-0782

JOURNEYS AROUND THE BLOCK IN ROCHESTER AT OPEN SKY YOGA CENTER

2013 Back from Pune workshop	February 10	Eleanor Goldfarb
Anatomy in Clay for Teachers: The Organs	April 12-14	Laura Antelmi
Hatha Yoga Tradition: Philosophy and Practice	Oct 19-20	Richard Rosen
Nadis and Koshas	Nov 29-Dec 1	Herve Blondon (Swami Premananda)

TEACHER TRAINING

2013 200 hr Essential Yoga Teacher Training	Feb 22- June 14	François /Laura/Sonam/Dr Brooks
Prenatal Yoga Teacher Training	May 5-6 & June 2-3	Carla Anselm
Pranayama Teacher Training	Aug 30-Sept	François
Relax and Renew Teacher Training	Sept 5-8	Judith Lasater
200hr European Teacher Training, Brussels, Belgium	Oct 2013 — July 2014	François/Laura
2014 Yoga as Medicine	Early Sept	Timothy McCall, MD



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www.openskyyoga.com