

Open Sky Yoga *presents*

the Art of Anatomy

5 day TEACHER TRAINING MODULE

with **Laura Antelmi**

September 7-11, 2016



Laura Antelmi is a Certified Iyengar Yoga Instructor and Certified Kinesthetic Anatomist KA2, Director of the Iyengar Yoga Center of Boulder. She has studied many times in India with Geeta and B.K.S. Iyengar and is teaching anatomy and yoga seminars worldwide.

For information:

www.openskyyoga.com
yogawave@rochester.rr.com

No refunds unless you find somebody to take your place.

- Day 1** The spine
- Day 2** The pelvis and abdominal wall
- Day 3** The Leg (knee, feet, etc..)
- Day 4** The shoulder
- Day 5** Review & teaching anatomy practicum

Location:
5 Arnold Pk.
behind Zen Center

Time:
9 am-12 pm, 2-5 pm

*Fees: \$695
10% discount for ETT graduates, students, seniors.*



Send your registration (check or charge) to: Open Sky Yoga Center, 957 East Avenue, Rochester NY 14607

Name _____

Address _____

Phone _____ E-mail _____

Visa MasterCard Name on card _____

Credit card number _____

Exp. date _____ Verification Code (three-digit number on back of card) _____

Enclosed is my check for \$ _____, payable to Open Sky Yoga.

Laura Antelmi