



Open Sky Yoga 200h Teacher Training

THE JOURNEY. THE VISION.

September 2024 —
June 2025

*“Tradition is not the worship of ashes
but the preservation of fire.”*

—GUSTAV MALHER

Rochester, New York



- All weekend MODULES IN PERSON except one.
- CREATIVE HOMEWORK
- 30 two-hour weekly classes included

**ASANA, PRANAYAMA, ANATOMY, NĀDA ,
PHILOSOPHY, ADAPTIVE YOGA**

Recognized by Yoga Alliance (based in the US) and
Yoga Alliance International (based in India).

\$3850 including a \$500 non-refundable deposit.
30% off for previous graduates of Open Sky Yoga 200 and 300 hr TT.

For details, dates and application form visit:

www.openskyyoga.com



François Raoult
M.A. ERYT 500, C-IAYT



Jo Amy
B.A. Phil, E-RYT 500, OYI



Michael Amy
MSPT, E-RYT 500, OYI, C-IAYT